

# Pebble Activity Device

## Reward your employees for taking active steps to a healthy lifestyle – and they don't need to log a thing!

The beBetter® System offers built-in integration with the wellness industry's leading activity sensor, the Pebble by Fitlinxx. The most accurate and easy-to-use device of its kind, the Pebble is a wireless, all-day activity sensor that motivates employees to be active anytime, anywhere. The small device clips to an individual's shoe or belt, fitting seamlessly into daily life. It gives people credit for every decision they make to be more active, such as taking the stairs instead of the elevator or parking farther away from buildings.

The Pebble collects data as the employee walks, runs and moves about their day, then automatically and wirelessly sends it to beBetter via Access Points set up in the worksite. Employees can then log on to beBetter and view their activity information and their progress toward their physical activity goals.

### Effortlessly Track

- Steps taken
- Calories burned
- Distance traveled
- Total activity time

### Features

- Clip it on and go - no buttons!
- No charging, docking or syncing - data just happens!
- Simple and convenient

## The Pebble provides accurate, objective data for goal progress, incentive rewards, and program evaluation.



Learn more about beBetter at: [www.bebetter.com](http://www.bebetter.com)



### About beBetter Health

We've been helping companies deliver successful wellness programs for over 25 years, and we know what works. Our approach is simple: remove as much of the guesswork, manual tracking, and unnecessary effort as possible. Make sure every facet of the program is connected, from assessment to programming to evaluation. Help you make the most of the system with easy user guides, simple interfaces, experienced Account Managers.

The beBetter® System helps employees take action toward protecting and improving their health, and provides employers with strategies to reduce health care costs and boost employee productivity.

For brokers, we provide everything you need to implement an effective, comprehensive population health management solution. Give us a call and let us walk you through how the beBetter® System makes you more competitive.



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